

Your Wellness, Our Mission: Members Find FitOn Health Fuels Weight Loss Success

A survey showcasing the ROI of investing in all-in-one wellness programs



Holistic Wellness: Beyond the Scale

Building sustainable habits through physical activity, mindfulness, balanced nutrition, and community support.

88%

of members reported FitOn having a positive impact on their overall health and well-being

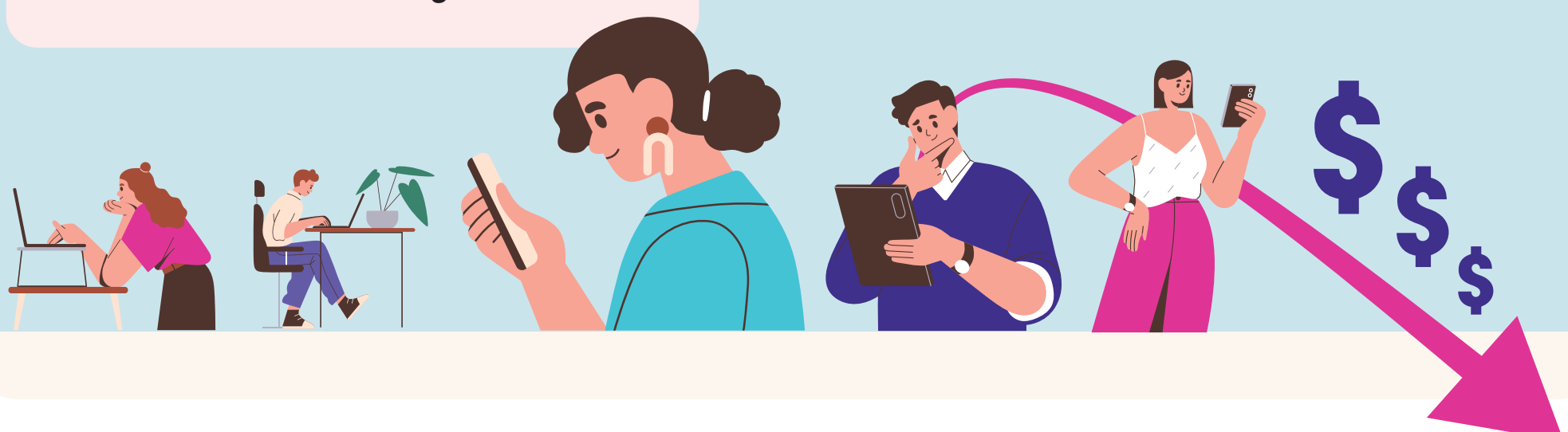


67%

saw improvements in their overall health since using FitOn

Employer Benefits: The ROI of Wellness

Investing in comprehensive wellness programs leads to improved engagement, reduced healthcare costs, and increased productivity.



Employee Empowerment: Tools for Success

Empowering employees with accessible, personalized health and wellness resources.



86%

reported FitOn's nutrition resources as effective in making healthier food choices

Nearly

1/2

reported losing weight since using FitOn



57%

reported FitOn providing comprehensive support for their weight loss journey

